



About Melanie Howard

Melanie Howard has been providing counseling services with Pathways Professional Counseling since 1997. She currently sees clients in Hoover, Columbiana, and Northport. Melanie is licensed by the State of Alabama as a Licensed Professional Counselor (LPC). She is also a National Certified Counselor (NCC) and a Registered Play Therapist (RPT).

Melanie earned her Bachelor of Arts (BA) from The University of Alabama and her Master of Education (M.Ed.) in community and agency counseling from the University of Montevallo. Ms. Howard is certified to administer the PREPARE/ENRICH battery of pre-marital and marital inventories.

Melanie works with children, adolescents, adults, couples and families. Melanie's counseling style is gentle and accepting and she utilizes a cognitive-behavioral approach. Melanie's areas of clinical interest include grief and loss, trauma/abuse recovery, and adoption/foster care/kinship care issues. In her work with adults, Ms. Howard enjoys assisting individuals who are wrestling with spiritual questions to grow towards maturity in Christ. She particularly enjoys her work with children on problems such as ADHD, anxiety, and parental divorce. Ms. Howard uses many creative and playful techniques in her work with hurting children.

Melanie's desire is that clients who come to Pathways Professional Counseling will find a place of safety and warm acceptance, where people are encouraged to make the necessary changes in their lives to experience the abundance of what God has planned for them.