

# THE GREAT DATE EXPERIENCE

PROTECT. NURTURE. RESTORE.



PRESENTED BY

**PATHWAYS**  
Professional Counseling



Alabama Baptist  
**CHILDREN'S HOMES**  
& Family Ministries

# WELCOME TO THE GREAT DATE EXPERIENCE!

## WHAT IS THE "GREAT DATE EXPERIENCE"?

The Great Date experience is an opportunity to spend more time with your spouse while having fun! There will be 5 Steps to your date, with each step going deeper into your relationship. So what do you need to do before going on your "Great Date Experience"?

1. Pick a date on the calendar, and plan for NOTHING else!
2. If you have children, call your babysitter.
3. Get excited to have fun on your date!

# STEP 1: START YOUR DATE



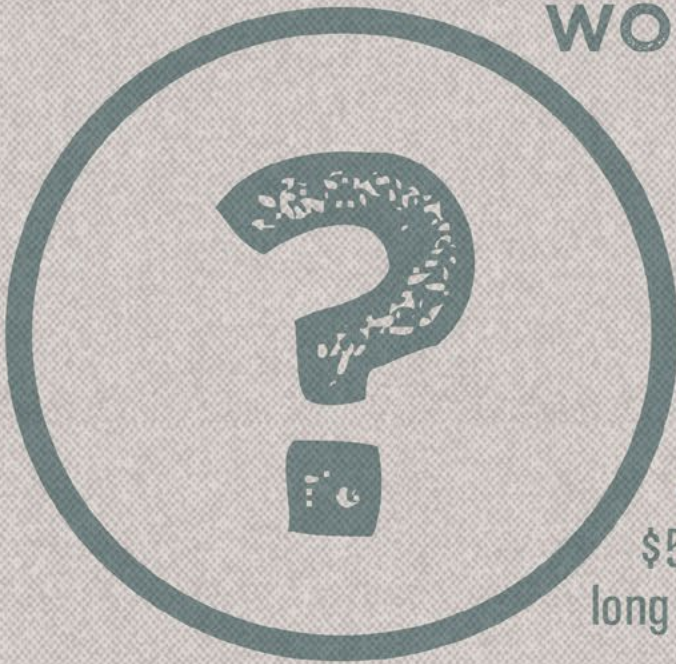
CHOOSE A PLACE  
TO EAT THAT YOU  
HAVEN'T EATEN  
AT IN OVER  
**SIX MONTHS!**

# STEP 2:

# REVITALIZE

ON THE DRIVE TO THE RESTAURANT, PLAY  
WOULD YOU

## RATHER?



- Would you rather be able to fly at 10 mph or be able to run at 100 mph?
- Would you rather only be able to whisper or only able to shout?
- Would you rather take a one week \$5000 vacation or go on five different long weekends that cost \$1000 each?

**WHILE YOU WAIT FOR YOUR TABLE  
ASK EACH OTHER THESE QUESTIONS...**

- What things did you see in me that made you want to marry me?
- What do you find the most attractive about me?
- As we have matured in our marriage, what good things have you seen in me?
- Do you remember our first date? What did you feel and what was your favorite part about it?
- What was your first impression of me when we first met?

# STEP 3:

## GETTING DEEPER WITH ONE ANOTHER

WHILE YOU ARE EATING YOUR FOOD  
ASK EACH OTHER THESE QUESTIONS...

- What has been the top 3 best experiences of your life?
- What has been the 3 worst experiences of your life?
- What one thing have you learned about God this year?
- What is your most difficult pressure or challenge at present?
- In what ways would you like to grow in your walk with God?
- What is the craziest thing you have ever done?



WITH A CAMERA  
TAKE A PICTURE OF  
**THE TWO  
OF YOU.**

USE THIS PICTURE  
AS THE WALLPAPER  
ON YOUR PHONE  
OR COMPUTER  
TO REMEMBER  
THIS DATE!

# STEP 4: IMPROVEMENT

SELECT A STORE TO BUY YOUR SPOUSE

**A GIFT FOR  
\$2 OR LESS.**



ONCE IN THE STORE,  
SEPARATE. YOU HAVE  
10 MINUTES TO  
PURCHASE YOUR GIFT  
AND MEET BACK UP.  
EXCHANGE GIFTS AND  
SHARE WHY YOU PICKED THAT GIFT.

**AFTER YOU OPEN YOUR GIFTS  
ASK EACH OTHER THESE QUESTIONS...**

- What burdens are you carrying that we can manage together?
- What is something I have done recently that did not make you feel valued and loved?
- Is there anything I can change to make our home a place where you feel more satisfied and comfortable?
- How do you feel about our communication? Is there anything we can do to communicate better?
- How could I better support your spiritual growth?

# STEP 5: HOPES & DREAMS



## SWEET TREATS

SELECT A PLACE TO GET  
YOUR FAVORITE DESSERT!

WHEN YOU GET YOUR  
DESSERTS, SHARE WITH  
EACH OTHER YOUR FAVORITE  
PART OF YOUR DATE!

WHILE YOU EAT YOUR TREATS  
ASK EACH OTHER THESE QUESTIONS...

- What do you want for us in 5 years?
- What exciting adventures would you like for us to try?
- What are your top 5 destinations on your travel bucket list?
- Is there anything in the next month we could do that you would find exciting? In the next 6? In the next year?
- What are you currently praying for that I can join you in prayer about?